



THE UMBRIAN MUG

Greetings and Salutations!

This edition covers the month of April through June 2006. If you know of a Kingdom member who isn't getting the Umbrian Mug, please let the Royal Chronicler know so that the problem can be rectified.

**In Service,
Sir Carlisle**

Greetings Populace of Umbria from your King and Queen:

We would like to take this opportunity to express our gratitude to you for your support of us as your new rulers. It is extremely encouraging to see the Kingdom come together as a whole to support us and we will strive to do our best for you and to maintain this harmony.

Coronation was a success, a special thank you to Sir James the Red for providing the facility, free of charge to the Kingdom. Thank you to Dame Cocah and Sir Carlisle for taking care of refreshments, Dame Cocah and Dame Aislynn for handling the event sign in's, thank you to those who actively participated in our Coronation Ceremony, and thank you for the gifts. Last but not least, thank you to the Imperial Crowns for attending.

We attended our First Imperial Estates Meeting, representing you as Crowns, on March 18th, and are pleased to report, it was a short one, all done in one day. A record we're told. The Meeting Minutes have already been posted on the Adrian website. If you desire more detail or explanation on what is posted, please feel free to speak with us.

In Closing, we ask that if you have any ideas or suggestions on things or events you would like to see happen in the Kingdom, we encourage you to speak with us. If you can't wait to speak with us, email us;

Baron_blackarrow@hotmail.com and Shaharadestiny@yahoo.com.

*In Service to the Kingdom,
Sir Blackarrow, Rex
Dame Shahara, Regina*

A Wonderful Day In April

On the 15th day of April we began the day with a masterful display of archery. After the archery event was completed court was called. There were visiting Crowns Present; Their Imperial Majesties, Sir Pavo and Dame Ashlinn and the King of Albion, sir Warren Anthony. In opening court, Queen Shahara openly apologized for not wearing the large Purple pearls that she had received from Countess Royale Margarita. Her Grace did forgive this error. Lord Thomas Penworthy approached the crowns and announced that he had traveled to the lands of Atdenvelt to compete in the archery tournament where he won first prize. Huzzah!! After he announced his victory he turned and presented his prize to the Queen. After this presentation, he announced the winners of the archery event with His Majesty winning the Huntsman list and Dame Gitana winning the Bowman's list. Congratulations to both. The day was filled with wonderful events from the Declaration of Love Challenge; to a Battle of the Flowers. There was a Best Death Challenge; a Best Mourning of the Dead Challenge; and a Best Favor contest which was judged as part of the Arts. There were several entries in the arts for the day. Dame Margarita entered a beautiful hat, Sir Carlisle entered bread butter and pear jam and was awarded a Masterwork for his entry. Several items were put up for auction at the event. There were two chests, one being won by Dame Sophia Bella Donna and the other by His Majesty Warren of Albion. Announced at Closing Court were the winners of the days events, Sir Giteano, King of the Gypsies, won Renn and Steel and died a most vocal death for Her Imperial Majesty. An announcement was made regarding the upcoming Gypsy Rendezvios. More information to come on the group site. A great time was had by all on this fun day and the

weather was perfect for this event. Thank you to our Queen and King for putting on such a great event and also to our visiting Royals, His Imperial Majesty the Emperor, Her Imperial Majesty the Empress and His Majesty Warren Anthony.

Stonecourt Tournament

A tournament was held in the canton of Stonecourt on May 7th, 2006 for April and May. It was a grand event with a celebration held for the Emperor's Sir Pavo's birthday. The day started with a Renn Tournament followed by a Steel and capped off with a Battle of the Pool Noodle. There were several casualties from the flying florescent foam weapons, but it was a great event. There were arts entries from our King, Sir Blackarrow and Sir Carlisle. His Majesty entered two Crowns one for April and one for May. Sir Carlisle entered a bread pudding. Thank you to the judges that helped out during the event. It was nice to see some familiar faces that have not been out for awhile. There will be another tournament in the Canton of Stonecourt to be held on June 11th at Kiwanis Park. This is a great time to come out on a Sunday morning and relax under the trees and watch your favorite warrior compete for prizes and the bragging rights that come along with it.

The Grand Fall Ball

Plans are underway for the Grand Fall Ball to be held at the middle of November of this year. This is going to be a first for Umbria as we are having a formal affair. The dress is fancy which means that whatever your persona would have worn to a feast or event on a grand scale is the attire that we are looking for. There will be lots of entertainment and great food. We currently have several groups lined up to perform for us. There will also be courtly dance. The King has suggested that we

take lessons prior to the event so that everyone is comfortable with this. Thanks to his connections with the SCA, he has a friend that is willing to come over to our neck of the woods on a Wednesday and teach us how to dance. These lessons will take place of a fighter practice and will be well worth it. We are looking for volunteers to help serve, cook and decorate the day of the event. If you are interested in participating please contact Sir Carlisle or Dame Ravyn Sophia Bella Donna at 480-366-4993 or via email at ccirwin@cox.net. There are DP's in it for those who assist. Keep your eyes open for more information in coming weeks and months on this great event.

DEMO AT WESTERN SKY MIDDLE SCHOOL

A demo was held at Western Sky Middle School on Friday May 19th, 2006. There were 7 participants and we received a \$200.00 donation from the school. HUZAH! Thank you to all that participated. The children had a wonderful time and it was a great learning experience for all. If anyone knows of an organization or school that would like us to do a demonstration please let any of the current ministers know so that we can get it out to the populace in a timely manner so that we can have the maximum participation.

CANTON OF THUNAR

The Canton of Thunar has hosted two tournaments since the last mug. At each event Sir Gatiano and Lord Gunther were the tournament champions. There were several arts entries by Her Majesty, Dame Shahara, Sir Carlisle, Garrison the Bull and Dame Margarita. Her Majesty, Shahara was awarded a Master Work for her hat. A Tournament Win was awarded to Garrison the Bull for a drumming demonstration as well. Remember, the Canton of Thunar tournament is held on the first Wednesday of every month. The next tournament will be on Wednesday, JULY 2006

August 2nd at 7:00pm

ESTATES MEETING TO BE HELD

ATTENTION TO THE POPLUACE. AND ESTATES MEETING WILL BE HELD THIS WEDNESDAY, AUGUST 2, 2006 AT ENCANTO PARK. THIS WILL TAKE PLACE PRIOR TO THE MONTHLY TOURNAMENT OF THUNAR. IF YOU HAVE A VOTE, OR NOT IT IS IMPORTANT THAT YOU ATTEND SO YOUR VOICE CAN BE HEARD BY YOUR MINISTERS AND CROWN. REMEMBER, IF YOU DON'T ATTEND AND MAKE YOURSELF HEARD, YOU CANNOT COMPLAIN WHEN THINKS DON'T GO THE WAY YOU WANT!!!

UPCOMING TOURNAMENT AT STONECOURT.

Stonecourt will be holding it's monthly Tournament on Sunday, August 6th. This will be an evening event with sign-in at 6:30pm taking the field at around 7:00pm. This tournament is held at Kawanis Park and there is great lighting for the event. By moving this to the evening it is much cooler for the fighters. The last tournament held in July was a great success with Lord Gunther Winning Renn. It was a round robin event that lasted quite a while. A great time was had by all and we had a good showing for this event.

SPORTS IN TUDOR ENGLAND

Sport and pastimes in [Tudor England](#) tended to mirror the likes and dislikes of the king or queen who reigned at this time. [Henry VIII](#) had a great love for certain sports, especially hunting, while his daughter, [Elizabeth](#), liked pastimes which we would find very cruel such as bear-baiting and bear-gardens. However,

not everyone was allowed to participate in sport.

In [Tudor England](#), sport was heavily controlled by the government. The ordinary citizen rarely had a chance to take part in sport as the government considered it more important that they were fit enough to work. Most of their waking hours involved work of some sort so time for sport was a rarity. In the early years of the reign of [Henry VIII](#) a law was passed in 1512 that banned the ordinary person from a whole range of games such as real tennis, as favoured by [Henry VII](#), cards, dice, bowls and skittles. It was only at [Christmas](#) that rules were slightly relaxed in celebration of a religious holiday.

Football had been a popular sport for a number of years. It was very different in Tudor England when compared to the game today. There was no limit to the number of people on each side and the goalposts were set about one mile apart. The rules also allowed those playing to pick up and throw the ball as well as kick it into the opponent's net. These games were rough and many young men were hurt while playing it. These casualties were invariably those who might be needed for the army - young, fit men. In 1540, also in the reign of [Henry VIII](#), football was banned.

Such was the attempt to control the lives of the working class, that in 1542 even shuffleboard was banned - a game which we now call shove half-penny.

The general view was that the working class should spend their time at home or at work and that any form of games might get out of hand and the authorities might lose control of the population they controlled purely over a game. Dice, cards etc were banned as they might have encouraged gambling, which, in turn, might have got out of hand and caused trouble within a community.

However, there were no rules or regulations stopping the rich from taking part in what they saw as sport.

Jousting was a popular pastime enjoyed by the likes of [Henry VIII](#).

Only the nobility were allowed to take part in jousting tournaments though [Henry VIII](#) had to retire from the sport as he was seriously injured in a jousting tournament in 1536.

Noblemen also played real tennis - one of the oldest of all racquet sports. The law also only allowed the rich to hunt deer. [Henry VIII](#) was considered a skilled hunter and frequently spent as many as five hours a day in the saddle out hunting for deer. The poor were allowed to hunt hares and rabbit.

Despite King Henry's legendary appetite, none of this enormous effort was directly for his benefit! His food, of the finest quality, was prepared and cooked in his own private kitchen which no longer exists.

In 1529 Henry VIII developed Cardinal Wolsey's original smaller kitchens into one of the first industrial-scale food-factories, designed for the efficient and economical transformation of raw materials into high quality, nourishing food.

What can be seen today is only a small part of what once was a vast complex covering 36,000 square feet (3,350 square metres); offices, storehouses and larders, preparation rooms and kitchens. A large scale model in the kitchen undercroft shows the entire layout of the Henry's original kitchens and dining areas.

What was life like on the 'factory floor'?

The Tudor Kitchens at the palace are presented as a multi-sensory experience so that visitors can feel the heat of the massive kitchen fires, smell the meat simmering in the boiling pot and experience the sights and sounds in the actual rooms in which an army of cooks and servants worked.

Through careful research into the records, and real-life experimentation by our team of food archaeologists, we now know that the preparing, cooking and serving food in these hot, exhausting places required fit, adult men capable of hard physical work, and a system of organisation not unlike the army!

Despite the Hollywood films depicting serving wenches in the kitchens, only men worked in this area of the royal household with a rare exception being a skilled female pastry cook who came into the palace on special

occasions.

It's also sometimes claimed that children were employed to turn the roasting spits, which we now think unlikely having tried it. This arduous, sweaty job requires great stamina and muscle power. All visitors to the kitchens are most welcome to take a seat by the roaring fire and try it for themselves!

How did this food production line work?

At the gatehouse of the palace all raw materials - fruit, vegetables, wheat and grain, livestock, ale and wine - were ticked off the enormous palace shopping list by the Clerks of the Kitchen. Every item was checked for quality and quantity.

The nerve centre of the domestic administration, the strangely named Board of the Green Cloth, was situated in offices which were, handily, above the gatehouse. Officials were responsible for keeping a tight grip on the royal finances, paying wages of all household staff and buying provisions and equipment. Wastage and pilfering had to be kept to a minimum, and anyone caught trying to cheat with short measure or selling poor quality food was punished.

Once approved, the food was sent to the various departments and storehouses. Meat to the Butchery, fish to the Fish Larder, bread was made in the Bakery, and some of the more special dishes were prepared in the Confectionary.

When the dishes were ready, they were taken by the kitchen staff to the windows of the servery where they were carried upstairs by liveried servants. Food was served in manageable batches or 'messes' - helpings of food to be shared by four people.

The number of dishes served varied; on normal days perhaps four or five; on feast days a great deal more! The most important courtiers were allocated extravagant and expensive dishes, which got simpler and cheaper down the ranks. The lowliest kitchen staff had to make do with just a couple.

What did people eat?

The royal household ate a lot of protein and salt, and they loved flesh - over three quarters of their diet was meat. Most animals were probably delivered live and butchered as needed before they were roasted on the huge spits in the great roasting kitchens.

Many birds were eaten, from swans (a bit tough and fishy-tasting, apparently) to tiny, crunchy larks. A nice thick soup called pottage was a staple part of most meals, and a useful way to make meat go further. It was left constantly simmering in a cauldron in the boiling house, and added to daily.

The best and finest bread - 'manchet' - was baked for the highest nobles; those of lower rank were served 'cheat', far rougher stuff!

Tudor court food was very healthy in many ways - it was organic and very fresh. Fish was also very popular - it was stored in barrels full of salty seaweed to stop it rotting. Records show that sometimes even whale was on the menu!

Despite fresh water and milk being available, ale and wine were preferred. Vast quantities were drunk, served from the buttery and wine cellar. However, drunkenness was frowned on, and was punishable by loss of wages or imprisonment or dismissal from the household for serial offenders.

Dining at the palace

King Henry VIII and his highest ranking courtiers dined in their own apartments while those above the rank of Baron ate in the Great Watching Chamber, rather like senior management dining in an executive staff restaurant.

Elegant manners were observed, food was eaten with a spoon and knife, which were wiped clean on pieces of bread. Despite popular myth, Tudor diners did not chuck half-chewed chicken legs over their shoulders. Bones and other scraps were placed in a dish called a 'voider', which was cleared away at the end of the meal.

Dining was more boisterous in the Great Hall where lesser-ranking courtiers, yeomen and porters ate in two sittings. People sat very close together and ate very fast, and everyone drank vast quantities of ale and wine served from the buttery, and wine cellar.

When the feasting was over, the plates were taken downstairs to be washed up in the Scullery, an important department in its own right.

And so the production line was complete, with cooks ready to do it all again the next day...

NEW ADDITION TO THE MUG:

THE MUG CLASSIFIEDS, IF YOU HAVE SOMETHING THAT YOU WANT TO SELL OR BARTER FOR --- CONTACT THE CRONICLER TO GET YOUR ITEM IN THE CLASSIFIEDS.

MINISTER REPORT ADDENDUMS

Steward's Monthly Report

For the Month ending July 30th.

Kingdom Coffers/Bank Balance is \$2,957.58.

Of that, @168.00 is allocated to the Kingdom Travel Fund.

Donations to the Kingdom from School Demos - \$400.00.

Donations made through the Hospitler's Sale April - May = \$160.00.

Current Membership List according to the Imperial Web Site is 90.

There are 48 Memberships within the Grace Period.

One new Membership Application received 7/29/06.

Current Active Memberships is at 91.

Hospitler Report

Nothing to report for this month.

Sovereign of Arms Report

Month of July

There was no Heraldry turned in for processing.

Nothing to Report.

In Service to the Crowns,

Sir Gaetano Anatolii

Knight Bannerette

Knight Minister

Deputy Sovereign of Arms

Kingdom of Umbria

JULY 2006

Kingdom of Umbria

WAR AND JOUST REPORT - July 2006

The Canton of Thunar was held without incident. A double tournament was held to make up for June's Canton.

Tournament Winner for both months were Sir Liam Lust in Knight's Ren. No lists were made for Shani or Steel.

The One Hundred Degree War was postponed due to an Extreme Heat Warning.

The Kingdom Tournament was also canceled.

Tournament Winners also are recorded by the Minister of Roles.

In Service to the Crowns;

Sir Liam Lust

Knight Civil

Knight Bachelor

Minister of War and Joust

Kingdom of Umbria

Roles Report

July 2006

The following is my Rolls Report for the month of July.

See Member Listing on Imperial Rolls site.

Umbrian Members Renewed 90

Umbrian Members Expiring 20

Umbrian Members Unknown 28

Umbrian new Members 1

Missing the original paperwork for the Crown War 2006 Archery Shoot; I will be emailing Dame Margarita to see if she retained a copy that I can have for the Archive. Resolution: Dame Margarita will be providing copies for the Archive.

Also missing is the original paperwork from the March Umbrian Estates meeting. I will be emailing Dame Margarita to see if she has a copy of that as well. Update: Dame Margarita does not have a copy. She recommended

contacting Dame Cimindri who presided as Chancellor. Still pending: I have not received the paperwork for the double tournament at the Canton of Stonecourt for April & May. Need resolution on this as soon as possible. Historical Rolls correlation and entry has started this week. You will be kept up to date on progress. I will be emailing the Imperial Rolls Minister with the Event ID's and name to confirm if she needs copies mailed to her.

The following are Audits pending points confirmation.

SirPuck, DameSerene, Sir Errand

Requests from the Imperial Rolls Office still being researched:

Clarification on Event ID: 3320 - "Is this for Crown War and Kingdom Tournament?"

Clarification on Event ID: 3259 - "Is this for Sir Pavo & Sir William that did not shoot at the War for Tournament participation?"

Corrections per the Imperial Rolls office: "Released Event ID: 3258 dated 1/29/05 for Crown War. Corrections made to remove ministry points: Participation in the administration of a war counts as a WP. The EP for arts accepted as posted as the Kingdom Tournament was held the same day."

Clarification: "Internal Umbria Membership Participation there is a DI listed for Michelle Thissell and Robert Jackson but the information does not appear on the Event Reports on the Imperial Rolls Database. I assume the DI for Michelle Thissell was the feast - if you check Event # 2635 there is only one participation noted on the full report. There is no DI recorded nor ministry participation for those people who assisted with the feast. No clue given as to a DI for Robert other than it being listed on the Membership Participation. The events were released /

approved, however, corrections can be made - please advise."

Clarification: "There are several DI's on the Internal Umbrial Membership report that are not listed on the Rolls Database. Event 2660 - Jacobson Elementary School Demo - has no DI's listed - on the Rolls DB for Mike and Virginia Sayyae. Other DI's listed on the Internal document are: Beierman, Jud; Cox, Andy; Cummins, Teri; Gemlo-Ross, Christine; Jackson, Robert; Ottino, Lisa. Hugenburg, Christina does not show on the Internal but does show on the Rolls DB for Event 2662 Collegium. Please advise if any of the Rolls DB need to be corrected."

Event ID: 3452 is in Create Status by the Imperial Rolls Office – pending response from Her Grace, Dame Margarita DuBois.

In Service,
Dame Cocah Anatolii
Knight Civil
Umbrian Rolls Minister

Physicer Report
No injuries or issues have been reported.
Nothing to report.

In Service,
Squire Natasha

Chancellor Report
Not received as of this date.

Arts and Sciences Report
Arts report for June. A tournament was held in Thunar with two entries, Dame Shahara entered a Tudor Tall hat and received a Masterwork. There was a drum demo entered by Garrison that was a tourney win. There were no arts entries at Stonecourt for June.

*The Newsletter of the Kingdom of Umbria, in the Adrian
Empire*

JULY 2006



ROYAL MINISTERS OF UMBRIA

ROYAL CROWNS

Sir Blackarrow / Dame Shahara
(Baron_Blackarrow@hotmail.com) / (Shaharadestiny@yahoo.com)

Chancellor

Sir Waldham Von Torsvan
(Umbrianchancellor@yahoo.com)
Deputy Chancellor/Assistant - Squire Natasha

Justicar

Vacant

Webmaster

Sir James the Red/ Sir Waldham
(jamesthered@yahoo.com) email address is temporarily out of service

Chronicler

Sir Carlisle Bella Donna
(ccirwin@cox.net)

Crown Herald

Dame Margarita Dubios
(dame_margarita@hotmail.com)
Deputy – Sir Errand Kuss

Rolls

Dame Cocah Anatolii
(Cocahcharisma@yahoo.com)
Deputy – Dame Gitana de los Rubies
(Alunt@bgcmp.org)

Minister of Arts and Science

Sir Carlisle Bella Donna
(ccirwin@cox.net)

War & Joust

Sir Liam Lust
(liam_lust@yahoo.com)
Deputy/apprentice – Sir Errand Kuss



ROYAL MINISTERS OF UMBRIA

Steward

Dame Gitana de los Rubies

(Alunt@bgcmp.org)

Deputy Steward – Dame Cocah Anatolii

(Cocahcharisma@yahoo.com)

Sovereign of Arms

Sir Geatano Anatolii - Temporary

(RedKnight5980@aol.com)

Archery

Sir Waylon of Winchester

(no email available)

Physiker

Squire Natasha

(no email at this time)

Hospitlar

Dame Gitana de los Rubies

(Alunt@bgcmp.org)

IMPERIAL & KINGDOM

WEBSITE ADDRESSES AND POINTS OF INTEREST

Imperial: www.adrianempire.org

Kingdom: www.kingdomofumbria.org

Kingdom Yahoo Groups:

<http://groups.yahoo.com/group/Adria-Umbria/>

The Official Kingdom of Umbria E-group. No restricted memberships, no censorship. Respect and common courtesy are expected at all times! Just pure Umbrian Chat.

<http://groups.yahoo.com/group/KingdomOfUmbria/>

A meeting place for Members of the Kingdom of Umbria, in the Adrian Empire. While not official in any shape or form, an additional (and quite useful) method of keeping the Populace of Umbria well-informed.